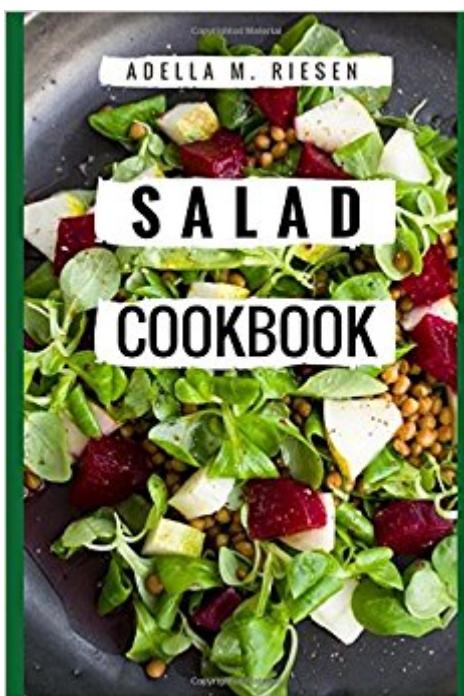


The book was found

Salad Cookbook: Healthy And Delicious Salad Recipes For Helping You Burn Fat And Lose Weight!



Synopsis

These fantastic recipes are from my families(my mom, my sisiters and myself). I'd like to share them with you now. Making a salad can be very easy, and great for your health. Unfortunately any people avoid salads because they think salads are boring and tasteless. This cookbook provides a variety of salads that are packed with delicious flavors and tastes. The recipes in this cookbook were handpicked because of their healthy ingredients, and because they taste great. If you are looking for a healthy cookbook that will help you lose weight and get in shape, then you will love this salad cookbook.

Book Information

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Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #164,304 in Books (See Top 100 in Books) #47 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads #578 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy

Customer Reviews

I am a great fan of salad and i am loving this book, actually, this book gives me a new hope to continue my love to vegetables. The recipes provided in this book is very healthy and elegant at the same time no compromise to the taste. I have tasted some them and i am loving it. This book ends the era of tasteless salad at home. Definitely worth a recommendation.

I am loving this cookbook! I'm looking actually for recipes of vegetarian salads one can make quickly and in quantity for when you suddenly have to feed many unexpected guests until I found this book. Most of the recipes here are easily scale up and are beautiful, flavourful and truly healthy. Can't wait to try all of the recipes! This is incredible!

A great selection of salad cook book. The recipe indeed astound with good taste and well converse

of text was placed to clearly understood the instructions.

I and my girl friend loves to cook so I decided to give this cookbook to her. We tried some recipes here, delicious and amazing. Highly recommended!

My mom loves to eat salad. This book is awesome. The cookbook is awesome, I tried the recipes here and the ingredients here are affordable. Highly recommended!

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